



Don't take things for granted 6A Lee Wang Hei

When *Stars Are Scattered* is a gem of middle-grade graphic novel, which is coauthored by Victoria Jamieson and Omar Mohamed. In fact, it is a memoir of Omar's childhood as in Dadaab, a refugee camp in Kenya. Omar fled with his younger brother, Hassan, who has limited communication, epilepsy, and developmental disabilities and Omar devoted everything to taking care of his younger brother after being separated from their mother in Somalia. Life is hard there, refugees in camps especially struggle to find enough food, lack of water, and other quality of life that we may take for granted.

A major theme that emerged was an unprecedented level about food insecurity, or the tendency to deflect. How can a strong and compassionate Omar stop their hunger? I have to say, this section was the climax of the Omar's journey for me. The scene in which a serious shortage of food, causing people constantly go to sleep hungry and refugee camps children are particularly vulnerable. Individual may even be suffering from starvation or malnutrition. Crucially, Food and fetch fresh water for cooking needs to be stored safely. It must be protected from theft and spoilage. Sunlight, rain, insects and rodents could spoil or contaminate the food. Omar must do more to ensure that they have no worry to where their next meal will come from.

It made me feel how blessed I am, and this book is a window to a world far away. It will allow readers to view their own lives in a very different light and hopefully allow them to understand the sorrow and heartache that are experienced all over the world, recognize the blessing of food in our lives.

At the same time, we can take our food for granted by failing to be aware of those around us who go hungry. According to the World Health Organization, there are above 820 million people globally who don't have enough to eat.

I genuinely appreciate the story demonstrates exemplary courage as; we should always try to live our life to the fullest and always be relatable, establish a correct attitude towards cherishing food and life, especially we are blessed with abundantly in this city.

